



**MABUHAY ! BIENVENUE !
WELCOME !**
to The
**NOTRE-DAME-
DES-PHILIPPINES
CATHOLIC
MISSION**

Montreal, Canada
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Quebec*
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Parish Priest:
Rev.Fr. Francisco Alvarez, pme
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MISSION -VISION

We envision a welcoming Mission-driven community, sustained by the abiding faith in God and Christ-like love of fellowmen, where Filipino cultural and religious traditions are lived and practiced with dignity; where diversity of gifts and talents is embraced, strengthened by the commitment and relationship we build- nourished by the Eucharist, prayer, education and apostolic services.

PARISH OFFICE HOURS:

Wednesday – Sunday
9:00 a.m. – 5:00 p.m.

MASS SCHEDULE

Sunday - 11: 30 a.m.

*(Pilipino Mass on the last Sunday
of the month)*

Wednesday - 6:00 p.m.

*(Novena to Our Mother of Perpetual Help
recited before the Mass)*

Friday - 6:00 p.m.

*(Novena to the Holy Child – Señor Sto. Niño
recited before the Mass)*

Adoration of the Blessed Sacrament
every First and Third Friday of the month
before the Mass.

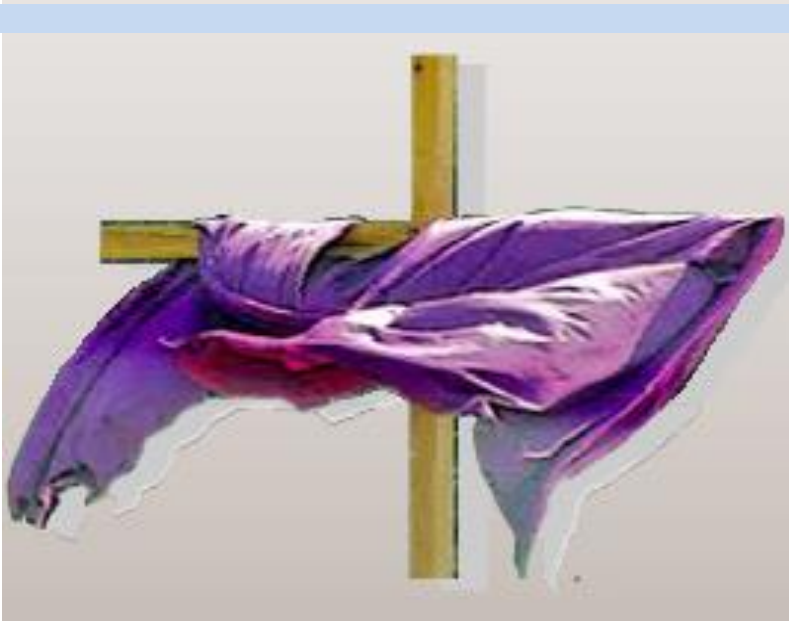
MISSION CATHOLIQUE NOTRE-DAME DES PHILIPPINES CATHOLIC MISSION
08 MARCH 2015
3rd SUNDAY OF LENT



Today's Gospel passage reminds us that Jesus Christ is God's most holy temple. It also reminds us of the sacredness not only of all places of worship but also of every human being, especially those who have been baptized. We are God's temples because He has imprinted in us His most sacred image in creation, and has consecrated us for His service at our baptism.

We desecrate ourselves whenever we commit sin. And we desecrate others when we fail to respect their dignity or lead them to commit sin. When this happens, Jesus becomes even more indignant than when he chased the traders from the Temple of Jerusalem.

In this Eucharist let us renew our commitment to keep all of God's temples holy in every way and at all times.



It is love which must determine man's actions, love which must give unity to what is divided. Love is the synthesis of contemplation and action, the meeting point between heaven and earth, between God and man. I have known the satisfaction of unrestrained action and the joy of the contemplative life in the desert, and I repeat again St. Augustine's words: "Love and do as you will."

Do not worry what you ought to do. Worry about loving.

Do not interrogate heaven repeatedly and uselessly saying, "What course of action should I pursue?"

Concentrate on loving instead.

¹Carlo Carretto, edited by Robin Baird-Smith, Templegate Publishes: Springfield IL, 1988, p. 31.



DAILY LENTEN PRAYER:
 "Oh Father of Jesus, Mother of Christ, help me not to waste these precious Lenten days of my soul's spiritual springtime."

FAST ✚ PRAY ✚ SHARE ✚ FAST ✚ PRAY ✚ SHARE

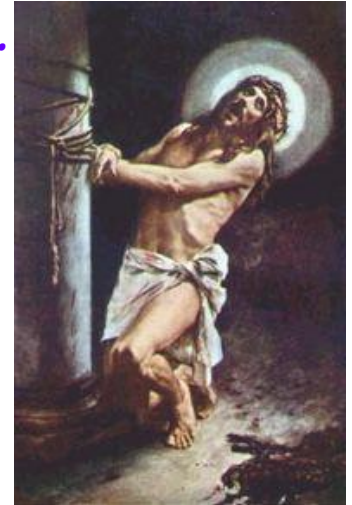


KUWARESMA 2015 - SCHEDULE OF SERVICES

STATIONS OF THE CROSS ON ALL FRIDAYS OF LENT @ 6:00 p.m.

MARCH

- | | |
|-----------|---|
| 22 | <p>(5TH SUNDAY OF LENT)
 PENITENTIAL RITES BEFORE MASS
 PABASA 1 (3- 10 p.m.)
 (HOSTS – EVANG./KAWAN/BAGONG HIMIG/ PSG)</p> |
| 23(MON) | <p>PABASA 2 (6-10 pm)
 (HOSTS- FAMILY LIFE/YOUTH)</p> |
| 24(TUES) | <p>PABASA 3 (6-10 pm)
 (HOSTS- ADULT CHOIR/ WORSHIP COMMITTEE/ SFO)</p> |
| 25(WED) | <p>PABASA 4 (7-10 pm)
 (HOSTS- LEGION /K of C)</p> |
| 26(THURS) | <p>PABASA 5(6-10 pm)
 (HOSTS- MAAC/ ADMINISTRATORS/ CATECHISTS)</p> |
| 27(FRI) | <p>STATIONS OF THE CROSS (6P.M.)
 ANOINTING OF THE SICK (7P.M.)</p> |
| 28(SAT) | <p>LENTEN RECOLLECTION (2- 5 P.M.)</p> |



HOLY WEEK

29(PALM SUNDAY OF THE LORD'S PASSION) 11:30 a.m. Blessing of Palms @ the Church Basement before Mass

APRIL

- | | |
|-------------------|--|
| 1 HOLY WEDNESDAY) | <p>CHRISM MASS @ THE CATHEDRAL
 8 PM -MASS OF THE LORD'S SUPPER
 (to be followed by Solemn Adoration of the Blessed Sacrament until Midnight)</p> |
| 2(HOLY THURSDAY) | <p>12 NOON - STATIONS OF THE CROSS
 w/ Reflections on The & LAST WORDS</p> |
| 3(GOOD FRIDAY)- | <p>3:00 p.m.- CELEBRATION OF THE LORD'S PASSION</p> |
| 4(HOLY SAT.)- | <p>9:00 a.m. – LINIS- SIMBAHAN
 8:00 p.m. .- EASTER VIGIL MASS</p> |
| 5(EASTER SUN.)- | <p>11:30 a.m. – THE RITE OF SALUBONG
 and MASS OF THE RESURRECTION</p> |

Come join us in the Liturgical Celebration of these great events of Lent and the Paschal Triduum here at the FCMM. REMEMBER TO BRING SOMEONE WITH YOU





The SEARCH for the 2015 FCMM KING and QUEEN OF ANGELS



needs some more candidates. Those interested to help us see through this project may contact

Mr. Jun Seraspe or any of our Administrators. or the FCMM Office for details. Thank you.

- **ALL FRIDAYS OF LENT** are Days of Abstinence from meat. Meat is considered to be the flesh and organs of mammals and fowl. Also forbidden are soups or gravies made from them. Salt and freshwater species of fish, amphibians, reptiles and shellfish are permitted, as are animal - derived products such as margarine and gelatin which do not have any meat taste.

ABSTINENCE is to be observed by all Catholic Christians aged 14 years old and older. In addition, by special permission from the Holy Father, Catholics are to either abstain from meat or in place of abstinence or fasting, can substitute, in whole or in part, other forms of penance, especially works of charity and exercises of piety (1983 Canon 1253).

- **PRAYING THE STATIONS OF THE CROSS**

There is something in us that moves us to visit the scene where an important event occurred. Visitors flock to the Ford Theater to stand where President Lincoln was assassinated; mourners visit the site of the Oklahoma City bombing and the site of the Twin Towers in New York City. So it was for the early Christians who greatly desired to journey to Jerusalem and to see with their own eyes the places where Jesus lived, suffered and died. The traditional sites of the Lord's passion soon became popular stopping places; even today the Via Dolorosa is included in most pilgrims' itineraries.



Because not everyone was able to visit Jerusalem, pilgrims brought back stories and images of what they had seen for those who remained at home. Eventually shrines that focused on the passion and death of the Lord appeared all over Europe. In the fourteenth and fifteenth centuries, increased emphasis on the suffering of the Messiah, coupled with the fervor of the Franciscan friars, led to widespread acceptance of a devotion that traced the footsteps of Jesus from his trial to his tomb.

But it was more than curiosity that caused this devotion to flourish. Prayers that emphasized Jesus' obedience unto death, sorrow for sin, and God's abiding love and mercy were at the heart of it. The Stations of the Cross are still a valuable resource for prayer, especially during Lent, with its twofold emphasis on baptismal renewal and penitential acts.

Essential to this devotion, whether prayed by an individual or a group, is meditation on the passion of the Lord in spoken and sung prayer, and movement from one station to the next. Ideally, everyone walks in procession to each station, uniting ourselves in our bodies to the Lord's passion and death.

COME, JOIN US each **FRIDAY** during **LENT** at 6:00 p.m. to pray the Stations of the Cross, recalling and meditating on Jesus' journey from His condemnation to his burial in the tomb. The Holy Sacrifice of the Mass will follow after the devotion.

FAST + PRAY + SHARE + FAST + PRAY + SHARE



PLEASE USE YOUR CHURCH ENVELOPE

The use of Church envelopes is the responsible way to support our parish faith community. Therefore, we strongly encourage our parishioners to use the WEEKLY OFFERTORY ENVELOPES for the success of the operation of the Parish. We depend on the financial support of our people in all our endeavors. If all envelope holders follow the suggested amounts and use their envelopes regularly, our operational expenses can be taken cared of easily. This will enable us to embark on our other endeavors, plans and dreams. And let us remember to give God what is right, not what is left

**HELP SPREAD THE WORD AROUND !
HELP CAMPAIGN TO USE THE ENVELOPES !**



YOUR OFFERINGS

For the Weekend of MARCH 01, 2015 totalled \$ 1, 395. 00

THANK YOU FOR YOUR GENEROSITY !

YEAR 2014 TAX RECEIPTS

are now available for pick-up. For inquiries, please call the FCMM Office during

regular working hours (514 -3875292)





FCMM STRATEGIC PLANNING SURVEY provides an opportunity for all to share in assessing who we are and where we see ourselves going. We invite everyone to complete the paper survey found at the back of the Church and submit it to the Parish Office.

For more information, please contact Francis Tubon (514 8042425) or email at francistubon@yahoo.ca

CELL PHONE ALERT - In order to maintain a prayerful atmosphere, please make sure that all cell phones, pagers, etc. are turned off during Mass. Please remember the sanctity of the Holy Mass when you enter the Church. Thank you!

SILENCE - The 20 minutes preceding the Sunday service, from 11: 10 a.m. onward, is used to recite the Holy Rosary and by many, to quietly prepare their hearts and minds for worship. Therefore, we ask that every effort is made to enter the church quietly and maintain silence while waiting for the service to begin. We will begin to try to enforce this rule on SILENCE. Please don't get offended if your attention is called. Thank you !

CLEANLINESS – Please help us maintain the cleanliness of the Church. Avoid stepping on the kneelers and make sure you leave your pews tidy. Thank you.

MASS INTENTIONS - All Sunday Mass Intentions must be registered with the Ministry of Offerings at

Mass Intentions

least **30 minutes before the Mass**. You may register your Mass intentions ahead of time at the FCMM Office. PLEASE COOPERATE ! Thank you !



SAVE THE DATE !

SATURDAY, March 21, 2015
Whole Day Parish General Assembly @
the Church Basement



EASTER FLOWERS: *What a beautiful way of remembering a loved one by donating the Easter Flowers that will adorn the sanctuary of the FCMM throughout the Easter Season !*

SPONSOR a plant in memory of a deceased loved one or in honor of the living. Stop by at the FCMM Office and complete a flower/ plant form with your donation. Hurry ! Limited Quantity! Deadline is on MARCH 29.



PRAISES, PRAYERS AND PETITIONS

We join in the **Thanksgiving Intentions** of : **MARCO, BALDOMERA DIAZ AMBAYEC.**

Your prayers are humbly requested for **All The Sick And Suffering** members of our Mission community and their loved ones especially: **FR. FRANCISCO ALVAREZ pme, FR. ROGER BEGIN pme, FR. GERARD LOISELLE, pme, MSGR. ANDRE DESROCHES, ALFREDO PADERANGA SR., ANNIE MOJADO, ELECITA ARACENA, BALDOMERA AMBAYEC, JULIA PERLAS-TAN, JOSEFINA BANGALAN, DAWN DELA PAZ, JOSIE LIMLENGCO, CARMENCITA TRIVINIO, BERNARDINO FERNANDO, ANTONIO FOZ, VICENTE TRIVINIO, JOHNNY PALISOC.** May God bring them healing and peace.

Remember also all of our **Deceased Relatives And Friends**, especially : **ROMEO ZARASPE, FELICITO, MARIA ANTONIO, & DAMASA MIRAMONTE, ADOLFO and BEATRICE VILLAROSA, MARCELINO & ADELAIDA PALITIC, ALL SOULS IN PURGATORY** and those dying everyday in battles and, calamities around the world. May their souls and the souls of all the faithful departed rest in peace.