

# **MISSION - VISION**

We envision a welcoming Missiondriven community, sustained by the abiding faith in God and Christ-like love of fellowmen, where Filipino cultural and religious traditions are lived and practiced with dignity; where diversity of gifts and talents is embraced, strengthened by the commitment and relationship we build- nourished by the Eucharist, prayer, education and apostolic services. MABUHAY ! BIENVENUE ! WELCOME ! to The NOTRE-DAME-DES-PHILIPPINES

# CATHOLIC MISSION

Montreal, Canada 8500 blvd. St. Laurent, Montreal, Quebec CANADA H2P 2M8 TEL : (514) 387- 5292 FAX: (514) 514-389-9037 www.filipinocatholic.net

Parish Priest: Rev.Fr. Francisco Alvarez, pme frankalv13@yahoo.ca

> PARISH OFFICE HOURS: Wednesday – Sunday 9:00 a.m. – 5:00 p.m.

MASS SCHEDULE Sunday - 11: 30 a.m. (Pilipino Mass on the last Sunday of the month ) Wednesday - 6:00 p.m. (Novena to Our Mother of Perpetual Help recited before the Mass) Friday - 6:00 p.m. (Novena to the Holy Child – Señor Sto. Niño recited before the Mass)

Adoration of the Blessed Sacrament every First and Third Friday of the month before the Mass.

MISSION CATHOLIQUE

01 MARCH 2015 2ND SUNDAY OF LENT

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NES CATHOLIC MISSION





In this Second Sunday of Lent we are invited to reflect on the message of Jesus' transfiguration and apply it to our lives.

This event in the life of the Lord is an encouragement to bring out the best that is in us – to let our light shine! This will become a reality if we live our lives according to the teaching and example of Jesus. We are also challenged to remain steadfast in our faith even in the midst of trials. The God who gave His only Son for us will surely protect us from all evil and give us all the help we need. Let this Eucharist be a profession of faith in God's unfailing love for us and a renewal of our commitment to live a "luminous life.".



#### THE EXTRA EFFORT

As Saint Paul emphasizes in today's second reading, we are all called to a holy life. God gives us a great gift every year with the season of Lent: an opportunity once again to more closely imitate Jesus, the perfect example of holy living. We may think that Lent is only about fasting from food or abstaining from meat, but it should be so much more. The Church advocates our frequent participation in the Mass, as well as our prayers for peace and

for vocations to the priesthood and religious life. We are also encouraged to give personal service to those in need, including the aged and the sick. And last but not least, we are invited to practice some form of voluntary self-denial, which is giving up something we *really* want, rather than something we'll never

miss. The particular practices we choose to adopt during Lent may vary widely according to our age, capabilities, and lifestyle. The only thing we cannot do is avoid Lent altogether. This would separate us from God and the community of faith, and seriously call our discipleship into question. If we have been practicing stewardship all along, the extra efforts we make in Lent are simply a natural extension of what have already been doing. These additional practices and penances deepen our awareness of how much we receive daily from the hands of an allloving God. By shifting our attention away from our own wants and needs we have more time to offer our abilities and resources to God, to God's church, and to the world in which we live. Lent is truly a time to count our blessings— each and every one—and to ask God to conform our hearts even more to the divine will.

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**DAILY LENTEN PRAYER:** "Oh Father of Jesus, Mother of Christ, help me not to waste these precious Lenten days of my soul's spiritual springtime."

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## KUWARESMA 2015 - SCHEDULE OF SERVICES

STATIONS OF THE CROSS ON ALL FRIDAYS OF LENT @ 6:00 p.m.

### MARCH

22	(5 <sup>™</sup> SUNDAY OF LENT) PENITENTIAL RITES BEFORE MASS PABASA 1 (3- 10 p.m.)
	(HOSTS – EVANG./KAWAN/BAGONG HIMIG/ PSG)
23(MON)	PABASA 2 (6-10 pm)
	(HOSTS- FAMILY LIFE/YOUTH)
24(TUES)	PABASA 3 (6-10 pm)
	(HOSTS- ADULT CHOIR/ WORSHIP COMMITTEE/ SFO)
25(WED)	PABASA 4 (7-10 pm)
	(HOSTS- LEGION /K of C)
26(THURS)	PABASA 5(6-10 pm)
	(HOSTS- MAAC/ ADMINISTRATORS/ CATECHISTS)
27(FRI)	STATIONS OF THE CROSS (6P.M.)
	ANOINTING OF THE SICK (7P.M.)
28(SAT)	LENTEN RECOLLECTION (2-5 P.M.)





HOLY WEEK

29(PALM SUNDAY OF THE LORD'S PASSION) 11:30 a.m. Blessing of Palms @ the Church Basement before Mass

#### **APRIL**

1 HOLY WEDNESDAY)	CHRISM MASS @ THE CATHEDRAL
2( HOLY THURSDAY)	8 PM -MASS OF THE LORD'S SUPPER
	( to be followed by Solemn Adoration of the Blessed Sacrament until Midnight)
3(GOOD FRIDAY)-	12 NOON - STATIONS OF THE CROSS
	w/ Reflections on The & LAST WORDS
	3:00 p.m CELEBRATION OF THE LORD'S PASSION
4(HOLY SAT.)-	9:00 a.m. – LINIS- SIMBAHAN
	8:00 p.m EASTER VIGIL MASS
5(EASTER SUN.)-	11:30 a.m. – THE RITE OF SALUBONG
	and MASS OF THE RESURRECTION
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Come join us in the Liturgical Celebration of these great events of Lent and the Paschal Triduum here at the FCMM. REMEMBER TO BRING SOMEONE WITH YOU

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#### The SEARCH for the 2015 FCMM KING and QUEEN OF

ANGELS needs some more candidates. Those interested to help us see through this project may contact Mr. Jun Seraspe or any of our

Administrators. or the FCMM Office for details. Thank you.



#### PLEASE USE YOUR CHURCH ENVELOPE

The use of Church

envelopes is the responsible way to support our parish faith community. Therefore, we strongly encourage our parishioners to use the WEEKLY OFFERTORY ENVELOPES for the success of the operation of the Parish. We depend on the financial support of our people in all our endeavors. If all envelope holders follow the suggested amounts and use their envelopes regularly, our operational expenses can be taken cared of easily. This will enable us to embark on our other endeavors, plans and dreams. And let us remember to give God what is right, not what is left

HELP SPREAD THE WORD AROUND ! HELP CAMPAIGN TO USE THE ENVELOPES !



YOUR OFFERINGS -For the Weekend of February 22, 15 totalled \$ 1, 664.00 THANK YOU FOR YOUR GENEROSITY !



#### <u>YEAR 2014 TAX</u>

**<u>RECEIPTS</u>** are now available for pick-up. For inquiries, please call the FCMM Office during

regular working hours (514-3875292)

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• <u>ALL FRIDAYS OF LENT</u> are Days of Abstinence from meat. Meat is considered to be the flesh and organs of mammals and fowl. Also forbidden are soups or gravies made from them. Salt and freshwater species of fish, amphibians, reptiles and shellfish are permitted, as are animal - derived products such as margarine and gelatin which do not have any meat taste.

<u>ABSTINENCE</u> is to be observed by all Catholic Christians aged 14 years old and older. In addition, by special permission from the Holy Father, Catholics are to either abstain from meat or in place of abstinence or fasting, can substitute, in whole or in part, other forms of penance, especially works of charity and exercises of piety (1983 Canon 1253).

#### PRAYING THE STATIONS OF THE CROSS

There is something in us that moves us to visit the scene where an important event occurred. Visitors flock to the Ford Theater to stand where President Lincoln was assassinated; mourners visit the site of the Oklahoma City bombing and the site of the Twin Towers in New York City. So it was for the early Christians who greatly desired to journey to Jerusalem and to see with their own eyes the places where Jesus lived, suffered and died. The

traditional sites of the Lord's passion soon became popular stopping places; even today the Via Dolorosa is included in most pilgrims' itineraries.



Because not everyone was able to visit Jerusalem, pilgrims brought back stories and images of what they had seen for those who remained at home. Eventually shrines that focused on the passion and death of the Lord appeared all over Europe. In the fourteenth and fifteenth centuries, increased emphasis on the suffering of the Messiah, coupled with the fervor of the Franciscan friars, led to widespread acceptance of a devotion that traced the footsteps of Jesus from his trial to his tomb.

But it was more than curiosity that caused this devotion to flourish. Prayers that emphasized Jesus' obedience unto death, sorrow for sin, and God's abiding love and mercy were at the heart of it. The Stations of the Cross are still a valuable resource for prayer, especially during Lent, with its twofold emphasis on baptismal renewal and penitential acts.

Essential to this devotion, whether prayed by an individual or a group, is meditation on the passion of the Lord in spoken and sung prayer, and movement from one station to the next. Ideally, everyone walks in procession to each station, uniting ourselves in our bodies to the Lord's passion and death.

COME, JOIN US each FRIDAY during LENT at 6:00 p.m. to pray the Stations of the Cross, recalling and meditating on Jesus' journey from His condemnation to his burial in the tomb. The Holy Sacrifice of the Mass will follow after the devotion.

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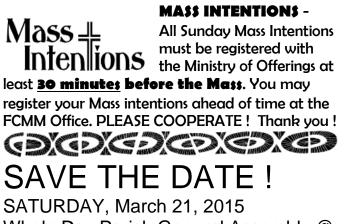


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**CELL PHONE ALERT** - In order to maintain a prayerful atmosphere, please make sure that all cell phones, pagers, etc. are turned off during Mass. Please remember the sanctity of the Holy Mass when you enter the Church. Thank you!

**\$ILENCE -** The 20 minutes preceding the Sunday service, from 11: 10 a.m. onward, is used to recite the Holy Rosary and by many, to quietly prepare their hearts and minds for worship. Therefore, we ask that every effort is made to enter the church quietly and maintain silence while waiting for the service to begin. We will begin to try to enforce this rule on SILENCE. Please don't get offended if your attention is called. Thank you !

**CLEANLINE\$\$** – Please help us maintain the cleanliness of the Church. Avoid stepping on the kneelers and make sure you leave your pews tidy. Thank you.



Whole Day Parish General Assembly @ the Church Basement



## PRAISES, PRAYERS AND PETITIONS

We join in the **Thanksgiving Intentions** of : LIZA & KELLE MESA, DONG & KRISTEL LAUS.

Your prayers are humbly requested for All The Sick And Suffering members of our Mission community and their loved ones especially: FR. FRANCISCO ALVAREZ pme, FR. ROGER BEGIN pme, FR. GERARD LOISELLE, pme, MSGR. ANDRE DESROCHES, ALFREDO PADERANGA SR., ANNIE MOJADO, ELECITA ARACENA, BALDOMERA AMBAYEC, JULIA PERLAS-TAN, JOSEFINA BANGALAN, DAWN DELA PAZ, JOSIE LIMLENGCO, CARMENCITA TRIVINIO, BERNARDINO FERNANDO, ANTONIO FOZ, VICENTE TRIVINIO, JOHNNY PALISOC. May God bring them healing and peace.

Remember also all of our **Deceased Relatives And Friends**, especially : **EMILIA FOZ, ESTANISLAO and ABRAHAM CELEBRADOS, LEONILA DELA COSTA ROSALES, MARGARITA ABASTA, PORIFERIO MANGUBAT, LOGANADEN JUGANADEN, ALL SOULS IN PURGATORY** and those dying everyday in battles and, calamities around the world. May their souls and the souls of all the faithful departed rest in peace.

