



MABUHAY ! BIENVENUE !
WELCOME !
to The
**NOTRE-DAME-
DES-PHILIPPINES
CATHOLIC
MISSION**

Montreal, Canada
*8500 blvd. St. Laurent, Montreal,
Quebec*
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www.filipinocatholic.net

Parish Priest:
Rev.Fr. Francisco Alvarez, PME
frankalv13@yahoo.ca

MISSION - VISION

We envision a welcoming Mission-driven community, sustained by the abiding faith in God and Christ-like love of fellowmen, where Filipino cultural and religious traditions are lived and practiced with dignity; where diversity of gifts and talents is embraced, strengthened by the commitment and relationship we build- nourished by the Eucharist, prayer, education and apostolic services.

PARISH OFFICE HOURS:

Wednesday – Sunday
9:00 a.m. – 5:00 p.m.

MASS SCHEDULE

Sunday - 11: 30 a.m.

*(Pilipino Mass on the last Sunday
of the month)*

Wednesday - 6:00 p.m.

*(Novena to Our Mother of Perpetual Help
recited before the Mass)*

Friday - 6:00 p.m.

*(Novena to the Holy Child – Señor Sto. Niño
recited before the Mass)*

Adoration of the Blessed Sacrament
every First and Third Friday of the month
before the Mass.

MISSION CATHOLIQUE NOTRE-DAME DES PHILIPPINES CATHOLIC MISSION
02 MARCH 2014
8th SUNDAY IN ORDINARY TIME

PARISH INFORMATION & STEWARDSHIP

NOTRE-DAME-DES-PHILIPPINES CATHOLIC MISSION
(Filipino Catholic Mission of Montreal- FCMM)

The first and only Canonically installed Filipino Catholic Mission in North America (Missio cum cura animarum).

Established on December 10, 1989 by the late Paul Cardinal Gregoire to serve the spiritual and religious needs of the growing Filipino Catholics in the Archdiocese of Montreal.

As a non-territorial Parish, the Notre Dame des Philippines Catholic Mission technically encompasses all Filipino Catholics residing in Montreal and in the suburban areas, but respects the rights of the people to stay in their respective geographical parishes if they so wish. Their presence at liturgical services is always welcome and financial support is appreciated.

PRESBYTERAL TEAM

PASTOR: Rev. Fr. Francisco Alvarez, P,M,E,

PARISH FISCAL: Sr. Luz Paderanga, O.P.

DIRECTOR FOR RELIGIOUS EDUCATION: Sr. Celia Piala, O.P.

ADULT FORMATOR: Mr. Fruan Tabamo

PASTORAL ASSISTANT: Mr. Jose Aracena

PASTORAL COUNCIL

<i>Acurantes, Flor</i>	<i>St. Martha's Club</i>
<i>Alejandro, Nelson</i>	<i>Knights Of Columbus</i>
<i>Ambayec-Wong, Bernardita</i>	<i>Catechetics</i>
<i>Bernabe, Marites</i>	<i>Missionary Animation Action Club</i>
<i>Caldito-Ballares, Erlinda</i>	<i>Secular Franciscans</i>
<i>Foz, Malou</i>	<i>Kawan Ng Panginoon Prayer Group</i>
<i>Foz, Norma</i>	<i>Worship</i>
<i>Guia-Foz, Rhodora</i>	<i>Youth</i>
<i>Jalea, Bernadette</i>	<i>Secular Franciscans</i>
<i>Mejia, Narciso</i>	<i>Knights Of Columbus</i>
<i>Monteiro- Pavico, Precilla</i>	<i>Kawan Ng Panginoon Prayer Group</i>
<i>Palisoc, Loreta</i>	<i>St. Martha's Club</i>
<i>Quirapas, Marites</i>	<i>Evangelization</i>
<i>Rosialda- Licerio, Nerie</i>	<i>Parents' Support Group</i>
<i>Silva-Kardos, Fredina</i>	<i>Parents' Support Group</i>
<i>Sunio, Maritess</i>	<i>Catechetics</i>
<i>Tadeo, Imelda</i>	<i>Family Life</i>
<i>Tadeo, Filemon</i>	<i>Family Life</i>
<i>Tuvida, Noemi</i>	<i>Legion Of Mary</i>
<i>Umali, Fe</i>	<i>Family Life</i>
<i>Umali, Henry</i>	<i>Family Life</i>

PROPERTY CUSTODIAN: Mr. Jose Tolentino

BOOKKEEPER: Mr. Carmelo Villanueva

WEBMASTER: Mr. Narciso Mejia

BULLETIN EDITOR: Mr. Jose Aracena

ADMINISTRATORS

CHAIRMAN: Rev. Fr. Francisco Alvarez, P,M,E,

SECRETARY: Ms. Maria Teresa Ambayec

TREASURER: Mr. Pedro Diaz, Jr.

BOARD MEMBERS:

Mr. Quirino Seraspe, Jr.

Mr. Eduardo Ruiz

Mr. Felix Cambaliza, Jr.

Mrs. Helen Aguila-Diwa



THE SACRAMENT OF BAPTISM

Infant Baptisms are celebrated at the FCMM on Saturdays @ 10:00am except on the first

Saturday of the month when the Pre-Baptismal Class is held. Parents **must** schedule the baptismal date in the Parish Office and attend the Baptismal Preparation Class

Pre-registration for this class is required.

Baptism should be conferred in the first few weeks after the birth of a child.

Godparents **must** be practicing Catholics.



ADULT BAPTISM, FIRST EUCHARIST & ADULT CONFIRMATION

Adults interested must contact the DRE, Sr. Celia at the Parish Office for details and information.



THE SACRAMENT OF MATRIMONY

Couples should contact the parish office to make an appointment with the parish at least six months in advance of any wedding date to begin preparation. Couples **must** attend the Pre-Cana Marriage Preparation Cla



YOUR OFFERINGS

- FOR THE WEEKEND OF FEBRUARY 23, 2014
 totalled \$ 1, 349.00

THANK YOU FOR YOUR GENEROSITY!

As each one has received a gift, use it to serve one another as good stewards of God's varied grace.

1 Peter 4:10

PARISH INFORMATION

This permanent calendar outlines meetings and ministries and Church Organizations that meet on a regular basis. Please check with the appropriate ministry for weekly changes to this schedule

EVERY SUNDAY:

- 9:00 a.m. – Christian Life Education for Children (Sunday School)
- 9:00 a.m. – EVANGELIZATION Seminar and BIBLE DISCOVERY for Adults
- 2: 00 p.m. – Kawan ng Panginoon Prayer Group Outreach

EVERY FIRST SUNDAY:

- 2:00 p.m. – Catechetical Ministry Meeting

EVERY SECOND SUNDAY:

- 7:00 p.m. – Family Life Ministry Meeting

EVERY THIRD SUNDAY:

- 2:00 p.m. – Secular Franciscan Order (Our Lady of the Philippines Fraternity) Meeting

EVERY FOURTH SUNDAY:

- 9:00 a.m. – Knights of Columbus (Council 13585) Meeting

EVERY WEDNESDAY:

- 7:30 p.m. – Legion of Mary (Our Lady of the Holy Rosary Praesidium) Meeting

EVERY SECOND FRIDAY:

- 7:30 p.m. – FAITH SHARING MEETING animated by the Kawan Ng Panginoon

EVERY FIRST SATURDAY:

- 10:00 a.m. – Pre-Baptismal Classes

POLICY FOR MASS INTENTIONS: The FCMM accepts offerings for Mass intentions. Those wishing to have a Mass said for a particular person or cause should contact or come to the Parish Office during regular working hours. On Sundays, if unable to pre-register, they **must come 30 minutes before the Mass** and register their intention/s with the Ministry of Offerings

FCMM's Policies regarding Mass Intentions

*Suggested offering - \$15.00 (but more or less is accepted) (make payable to FCMM)

*The intention can be for a deceased person or a living person. Does not need to be Catholic.

* The Intention can be for another need of the Church: i.e. world peace, vocations to the priesthood and religious life, conversion of sinners, etc.

*A specific Mass time and date can be requested,

*The Mass intention is usually mentioned during the prayers of the faithful, but even if it is not, the Mass if offered for the intention will be posted in the bulletin.

* Each member of the faithful may offer the Mass for his or her own intention. The merits of the Mass are infinite.

*Mass Intention Offerings are **not** tax-deductible items. Donations and Special Mass sponsorships **are**.

POLICY FOR BULLETIN ANNOUNCEMENTS:

Deadline: 11 days prior to the Sunday you'd like your article to be considered for publication.

Format: Typewritten/ Word format e-mail is preferable

Send articles to Butch by e-mail @ jhnaracena@gmail.com

Note: Articles must be approved prior to appearing in the bulletin. We reserve the right to edit articles.

WELCOME TO THE FCMM !

In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us !.

REFLECTIONS



We are not atoms scattered in the vortex of the universe, but beloved children of a caring Father who created us out of love and has in store for us an eternity of happiness. He has provided abundantly for all our needs through the immense resources of nature and has entrusted to our care this beautiful and fertile planet we call “our home.” He wants that we responsibly provide for our needs through honest work, but also fully trusting in Him, without anxiety and without losing sight of our eternal destiny.

The Lord is not an arrogant and overbearing boss, but a loving Father and a trust-filled friend who honors us with a special call to be His partners in the construction of His Kingdom on earth. This is our mission in this life. May our participation in the Eucharist be a grateful profession of faith in God’s providential care for all mankind, a renewal of our entrustment to Him, and a recommitment to make our priority the building of His Kingdom of justice, compassion, and peace.



LENT BEGINS

The Holy Season of Lent begins this week on ASH WEDNESDAY, MARCH 05TH with ashes being distributed at the 7:00 pm Liturgy.

Please note that the recitation of the Holy Rosary and Novena to Our Mother of Perpetual Help will be at 6:30 p.m.

In addition, we want to bring to your attention that Ash Wednesday is known as “A DAY OF FAST AND ABSTINENCE”; details on the regulations regarding this Catholic practice are in today’s bulletin for your information.

As with all the Church seasons, Lent has its own special character, which is primarily to prepare us to celebrate the Resurrection of the Lord. By focusing on all that Jesus suffered during His life and especially at His death, we come to see the great love the Lord has for us and are better able to appreciate His gift of the Resurrection. What a wonderful gift this is for us sinners, who, because of the sin of Adam and Eve, and because of our own personal sins, are under the punishment of death. While the reality of death continues to be a part of our human condition, those who die in the Lord will enter eternal life and experience Resurrection from the dead at the Second Coming. The Resurrection is therefore a great thing and worthy of being celebrated! And it is worth our while to make sure that we prepare properly for its celebration.

This is where Lent comes in. During this time, we as Catholics do some form of penance, first, as a sign of sorrow for our own sins, and, second, in solidarity with Christ, who did penance and suffered for us. As many of the prayers during Lent indicate, it is by our sharing in the Lord’s sufferings that we hope to share also in His Resurrection. In these few days before Lent begins, we are encouraged to consider a way we could do some penance for Lent.

Giving up a favorite food, spending less time watching television, or eating less are all possible ideas. Each person needs to find the penance that is right for him or her. What matters in making your choice is that your penance be a sacrifice for you, which in turn will help you understand the Lord’s sacrifice. This in turn will open your heart to understand more deeply the love the Lord has for you, and how much He wants you to share in His Resurrection.

REFLECTIONS

WHOSE WORLD?

Traditionally, a steward is a highly trusted manager of a household, a farm, or a landed estate: a person who has responsibility for many things and is expected to act independently and ably without the need for micromanaging from the owner. Today's second reading says that a steward must be trustworthy, yet however well a steward does his job and for however many years, he never becomes the owner of what he manages.

You may believe that you own a lot of things: a house and its contents, a car, computer, cell phone, land or property, a business, stocks, and mutual funds. Do you really own any of it? If you did, you could take it with you when you die. The value of anything you "own" is only as good as the value others ascribe to it.

What would happen if you started looking at things, not as something to "own" but instead as things to "steward"? Think about the implications of this. If you stopped focusing on "ownership" and instead thought

"stewardship," would you:

- cling less tightly to things
- begin to think about who else can benefit from "your" stuff?
- think more about other people before yourself?
- consider future generations and how you might benefit them?

The change of attitude from ownership to stewardship seems small, but if you form it into a habit it can change your thoughts, words, and actions in ways you least expect. Start by saying,

"Everything that belongs to me, I will try to feel I no longer *own*; rather, I am *responsible* for it. My stuff. My relationships. My potential." The true owner and the one who judges is the Lord. God brings to light what is hidden and knows the motives of your heart. Whose world is this after all?

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DOING WHAT IS RIGHT,
WITH THE RIGHT INTENTION

There is, in each of us, a potential actor which can transform our lives into a show of vanity and hypocrisy. *Though in different degrees, we all experience the desire for praise and approval from as many people as possible If this aspiration is not checked on time, soon it may turn into an insatiable craving which will reduce us to a situation of moral slavery.* For a time we may still like to believe that we are "free" and can do all that we like. The sad reality, though, is that we have become "compulsive exhibitionists" who act to please the eyes and arouse the applause, but suffer painful frustration if people do not seem to notice our "good deeds," our "generosity," our "achievements"

All this shows that we no longer enjoy that internal freedom which is the fruit of authenticity, sincerity, consistency *Acts of religious piety and ritual penance are not excluded from the risk of hypocrisy and vain ostentation.* Actually, they constitute an even more subtle danger, for these actions are good in themselves, and are supposed to be done in order to please God and not in order to elicit the applause of the people. God cannot approve that we make a show of them.

Many of the Pharisees in the time of Jesus had fallen victims of such temptations. Much of their religious practices had become just an empty show. Jesus called those people "frauds" and "whitewashed tombs." (See Mt 23:27.)

At the very beginning of his ministry, *Jesus* warned his disciples not to commit a similar error. (See

Mt 6:2.5.16.) His warning is ever-valid and applies to us, too. He *wants that we, his disciples, be honest and sincere, single-minded, and eager to please God rather than beg for the praises of men.*

Lent is for us a unique opportunity to mount a campaign against any form of self-exaltation or praise-seeking. Through his example, *Jesus himself teaches us how to achieve the splendid result of seeking God's glory in all we do. It is a matter of living in His presence every minute of our life and doing our duty with the clear intention of pleasing Him* – a matter of "becoming good," rather than just appearing to be such. It is a matter of setting one's own priorities right and acting accordingly.

ANNOUNCEMENT

KUWARESMA 2014 - SCHEDULE OF SERVICES

MARCH

5(WED.) **ASH WEDNESDAY – 7PM Mass**
 NOVENA at 6:30
 NO 6 PM MASS

STATIONS OF THE CROSS ON ALL FRIDAYS OF LENT beginning MAR. 7

9(SUN.) **1ST SUNDAY OF LENT (11:30 a.m. Liturgy)**
 16(SUN.) **2ND SUNDAY OF LENT (11:30 a.m. Liturgy)**
 23 (SUN) **3RD SUNDAY OF LENT (11:30 a.m. Liturgy)**
 29(SAT.) **LENTEN RECOLLECTION (1:00 -5:00 p.m.)**
 30(SUN) **4TH SUNDAY OF LENT (11:30 a.m. Liturgy)**

APRIL

5(SAT.) ***(3PM – 9PM) PABASA - DAY 1**
Hosts: Catechists, PSG

6(SUN.) **5TH SUNDAY OF LENT - (Penitential Rites before Mass)**
***(3PM – 9PM) PABASA - DAY 2**
Hosts: MAAC, Kawan Ng Panginoon, Bagong Himig Choir

7(MON.) ***(6PM – 10PM) PABASA-DAY 3**
Hosts: Adult Choir, Franciscans

8(TUE.)- ***(6PM – 10PM) PABASA-DAY 4**
Hosts: Family Life, YOUTH

9WED)- 6pm Mass
***(7PM-10PM) PABASA- DAY 5**
Hosts: Martha, Legion of Mary, Evangelization

10(THURS.)- ***(6PM-10PM)PABASA DAY 6**
Hosts: Administrators, K of C

11(FRI.) **ANOINTING OF THE SICK-7pm Mass **** NO 6PM MASS**



HOLY WEEK

13 (PASSION SUNDAY) *Blessing of Palms before the 11:30 a.m. Mass

17(HOLY THURSDAY) 8:00 P.M - **MASS OF THE LORD'S SUPPER**
 (to be followed by a Solemn Adoration of the Blessed Sacrament)

18(GOOD FRIDAY)- 1:00 p.m. - **STATIONS OF THE CROSS**
 3:00 - **CELEBRATION OF THE LORD'S PASSION**

19(HOLY SATURDAY) 9:00 a.m. – LINIS- SIMBAHAN
 8:00 p.m. - **EASTER VIGIL MASS**

20(EASTER SUNDAY) 11:30 a.m. – The Rite of “ **SALUBONG**” before the **MASS OF THE RESURRECTION**

**Come join us in the Liturgical Celebration of these great events of Lent
 and the Paschal Triduum here at the FCMM.
 REMEMBER TO BRING SOMEONE WITH YOU !**



NEWS AND ANNOUNCEMENTS

RCLIA

(RITE OF CHRISTIAN INITIATION OF ADULTS)

sessions is being conducted by our DRE, Sr. Celia Piala, op. every Sunday at 2:00 p.m. Anyone interested in completing their sacraments of initiation ~ Baptism, Confirmation or Eucharist ~ is welcome to join . If you have questions, please come to the FCMM Office or contact Sr. Celia @ mariaceliamagas@yahoo.ca



PRAISES, PRAYERS AND PETITIONS

We join in the *Thanksgiving Intentions* of: **KAY LAUS**

Your prayers are humbly requested for *all the sick and suffering* members of our Mission community and their loved ones especially:

FR. FRANCISCO ALVAREZ pme, FR. ROGER BEGIN pme, FR. GERARD LOISELLE, pme, SR. LUZ PADERANGA op, MSGR. ANDRE DESROCHES, ALFREDO PADERANGA SR., ANNIE MOJADO, ELECITA ARACENA, BALDOMERA AMBAYEC, JULIA PERLAS-TAN, JOSEFINA BANGALAN, DAWN DELA PAZ, JOSIE LIMLENGCO, CARMENCITA TRIVINIO, BERNARDINO FERNANDO, ANTONIO FOZ, VICENTE TRIVINIO, FR. GEORGES MORIN, ofm.. May God bring them healing and peace.

Remember also all of our *deceased relatives and friends*, especially: **EMILIO GAVELE, ANGELITA CAPCO, EMILIA FOZ, ERIC JASMINLEONILA DE LA COSTA ROSALES, ALL SOULS IN PURGATORY** and those dying everyday in battles and calamities around the world. May their souls and the souls of all the faithful departed rest in peace.

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THE HOLY FATHER'S PRAYER INTENTIONS FOR MARCH 2014

Respect for Women. That all cultures may respect the rights and dignity of women.

Vocations. That many young people may accept the Lord's invitation to consecrate their lives to proclaiming the Gospel.

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**Let nothing disturb you,
nothing affright you;
All things are passing,
God never changes.
Patient endurance attains all things;
Who God possesses in nothing is
wanting; Alone God suffices.**

(St. Teresa of Avila)

YEAR 2013 TAX RECEIPTS

are now available for pick-up after each Mass. For inquiries, please call the FCMM Office during regular working hours (514 -3875292)



LENTEN INSTRUCTION

*** ABSTINENCE ON ALL THE FRIDAYS OF LENT, AND ON ASH WEDNESDAY AND GOOD FRIDAY.**

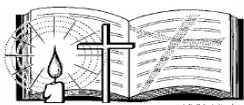
No meat may be eaten on days of abstinence. Catholics 14 years and older are bound to abstain from meat. Invalids, pregnant and nursing mothers are exempt.

***FAST ON ASH WEDNESDAY AND GOOD FRIDAY.**

Fasting means having only one full meal to maintain one's strength. Two smaller, meatless and penitential meals are permitted according to one's needs, but they should not together equal the one full meal. Eating solid foods between meals is not permitted.

Catholics over 18 but not yet 60 years are bound to fast. Again, invalids, pregnant and nursing mothers are exempt.

For all other weekdays of Lent, strongly recommend is participation in daily Mass and a self-imposed observance of fasting. In the light of grave human needs which weigh on the Christian conscience in all seasons, it is urged particularly during Lent, generosity to local, national, and world programs of sharing of all things needed to translate our duty to penance into a means of implementing the right of the poor to their part in our abundance. Also recommended are spiritual studies, beginning with the Scriptures as well as the traditional Lenten devotions (sermons, Stations of the Cross, and the Rosary) and all the self-denial summed up in the Christian concept of "mortification."



Let us witness to our love and imitation of Christ, by special solicitude for the sick, the poor, the underprivileged, the imprisoned, the bed-ridden, the discouraged, the

stranger, the lonely, and persons of other color, nationalities of background other than our own. A catalogue of not merely suggested but required good works under these headings is provided by Our Blessed Lord himself in his description of the Last Judgment (cf. Mt 25:34-40).

This salutary word of the Lord is necessary for all the year, but should be heeded with double care during Lent.

