



**MABUHAY ! BIENVENUE !
WELCOME !**
to The
**NOTRE-DAME-
DES-PHILIPPINES
CATHOLIC
MISSION**

Montreal, Canada
*8500 blvd. St. Laurent, Montreal,
Quebec*
CANADA H2P 2M8
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www.filipinocatholic.net

Parish Priest:
Rev.Fr. Francisco Alvarez, PME
frankalv13@yahoo.ca

MISSION - VISION

We envision a welcoming Mission-driven community, sustained by the abiding faith in God and Christ-like love of fellowmen, where Filipino cultural and religious traditions are lived and practiced with dignity; where diversity of gifts and talents is embraced, strengthened by the commitment and relationship we build- nourished by the Eucharist, prayer, education and apostolic services.

PARISH OFFICE HOURS:

Wednesday – Sunday
9:00 a.m. – 5:00 p.m.

MASS SCHEDULE

Sunday - 11: 30 a.m.

*(Pilipino Mass on the last Sunday
of the month)*

Wednesday - 6:00 p.m.

*(Novena to Our Mother of Perpetual Help
recited before the Mass)*

Friday - 6:00 p.m.

*(Novena to the Holy Child – Señor Sto. Niño
recited before the Mass)*

Adoration of the Blessed Sacrament
every First and Third Friday of the month
before the Mass.

MISSION CATHOLIQUE NOTRE-DAME DES PHILIPPINES CATHOLIC MISSION
09 FEBRUARY 2014
5th SUNDAY IN ORDINARY TIME

PARISH INFORMATION & STEWARDSHIP

NOTRE-DAME-DES-PHILIPPINES CATHOLIC MISSION
(Filipino Catholic Mission of Montreal- FCMM)

The first and only Canonically installed Filipino Catholic Mission in North America (Missio cum cura animarum).

Established on December 10, 1989 by the late Paul Cardinal Gregoire to serve the spiritual and religious needs of the growing Filipino Catholics in the Archdiocese of Montreal.

As a non-territorial Parish, the Notre Dame des Philippines Catholic Mission technically encompasses all Filipino Catholics residing in Montreal and in the suburban areas, but respects the rights of the people to stay in their respective geographical parishes if they so wish. Their presence at liturgical services is always welcome and financial support is appreciated.

PRESBYTERAL TEAM

PASTOR: Rev. Fr. Francisco Alvarez, P,M,E,

PARISH FISCAL: Sr. Luz Paderanga, O.P.

DIRECTOR FOR RELIGIOUS EDUCATION: Sr. Celia Piala, O.P.

ADULT FORMATOR: Mr. Fruan Tabamo

PASTORAL ASSISTANT: Mr. Jose Aracena

PASTORAL COUNCIL

<i>Acurantes, Flor</i>	<i>St. Martha's Club</i>
<i>Alejandro, Nelson</i>	<i>Knights Of Columbus</i>
<i>Ambayec-Wong, Bernardita</i>	<i>Catechetics</i>
<i>Bernabe, Marites</i>	<i>Missionary Animation Action Club</i>
<i>Caldito-Ballares, Erlinda</i>	<i>Secular Franciscans</i>
<i>Foz, Malou</i>	<i>Kawan Ng Panginoon Prayer Group</i>
<i>Foz, Norma</i>	<i>Worship</i>
<i>Guia-Foz, Rhodora</i>	<i>Youth</i>
<i>Jalea, Bernadette</i>	<i>Secular Franciscans</i>
<i>Mejia, Narciso</i>	<i>Knights Of Columbus</i>
<i>Monteiro- Pavico, Precilla</i>	<i>Kawan Ng Panginoon Prayer Group</i>
<i>Palisoc, Loreta</i>	<i>St. Martha's Club</i>
<i>Quirapas, Marites</i>	<i>Evangelization</i>
<i>Rosialda- Licerio, Nerie</i>	<i>Parents' Support Group</i>
<i>Silva-Kardos, Fredina</i>	<i>Parents' Support Group</i>
<i>Sunio, Maritess</i>	<i>Catechetics</i>
<i>Tadeo, Imelda</i>	<i>Family Life</i>
<i>Tadeo, Filemon</i>	<i>Family Life</i>
<i>Tuvida, Noemi</i>	<i>Legion Of Mary</i>
<i>Umali, Fe</i>	<i>Family Life</i>
<i>Umali, Henry</i>	<i>Family Life</i>

PROPERTY CUSTODIAN: Mr. Jose Tolentino

BOOKKEEPER: Mr. Carmelo Villanueva

WEBMASTER: Mr. Narciso Mejia

BULLETIN EDITOR: Mr. Jose Aracena

ADMINISTRATORS

CHAIRMAN: Rev. Fr. Francisco Alvarez, P,M,E,

SECRETARY: Ms. Maria Teresa Ambayec

TREASURER: Mr. Pedro Diaz, Jr.

BOARD MEMBERS:

Mr. Quirino Seraspe, Jr.

Mr. Eduardo Ruiz

Mr. Felix Cambaliza, Jr.

Mrs. Helen Aguila-Diwa



THE SACRAMENT OF BAPTISM

Infant Baptisms are celebrated at the FCMM on Saturdays @ 10:00am except on the first

Saturday of the month when the Pre-Baptismal Class is held. Parents **must** schedule the baptismal date in the Parish Office and attend the Baptismal Preparation Class

Pre-registration for this class is required.

Baptism should be conferred in the first few weeks after the birth of a child.

Godparents **must** be practicing Catholics.



ADULT BAPTISM, FIRST EUCHARIST & ADULT CONFIRMATION

Adults interested must contact the DRE, Sr. Celia at the Parish Office for details and information.



THE SACRAMENT OF MATRIMONY

Couples should contact the parish office to make an appointment with the parish at least six months in advance of any wedding date to begin preparation. Couples **must** attend the Pre-Cana Marriage Preparation Class



YOUR OFFERINGS

- FOR THE WEEKEND OF FEBRUARY 02, 2014
 totalled \$ 1, 697.00

THANK YOU FOR YOUR GENEROSITY!

As each one has received a gift, use it to serve one another as good stewards of God's varied grace.

1 Peter 4:10

PARISH INFORMATION

This permanent calendar outlines meetings and ministries and Church Organizations that meet on a regular basis. Please check with the appropriate ministry for weekly changes to this schedule

EVERY SUNDAY:

- 9:00 a.m. – Christian Life Education for Children (Sunday School)
- 9:00 a.m. – EVANGELIZATION Seminar and BIBLE DISCOVERY for Adults
- 2: 00 p.m. – Kawan ng Panginoon Prayer Group Outreach

EVERY FIRST SUNDAY:

- 2:00 p.m. – Catechetical Ministry Meeting

EVERY SECOND SUNDAY:

- 7:00 p.m. – Family Life Ministry Meeting

EVERY THIRD SUNDAY:

- 2:00 p.m. – Secular Franciscan Order (Our Lady of the Philippines Fraternity) Meeting

EVERY FOURTH SUNDAY:

- 9:00 a.m. – Knights of Columbus (Council 13585) Meeting

EVERY WEDNESDAY:

- 7:30 p.m. – Legion of Mary (Our Lady of the Holy Rosary Praesidium) Meeting

EVERY SECOND FRIDAY:

- 7:30 p.m. – FAITH SHARING MEETING animated by the Kawan Ng Panginoon

EVERY FIRST SATURDAY:

- 10:00 a.m. – Pre-Baptismal Classes

POLICY FOR MASS INTENTIONS: The FCMM accepts offerings for Mass intentions. Those wishing to have a Mass said for a particular person or cause should contact or come to the Parish Office during regular working hours. On Sundays, if unable to pre-register, they **must come 30 minutes before the Mass** and register their intention/s with the Ministry of Offerings

FCMM's Policies regarding Mass Intentions

*Suggested offering - \$15.00 (but more or less is accepted) (make payable to FCMM)

*The intention can be for a deceased person or a living person. Does not need to be Catholic.

* The Intention can be for another need of the Church: i.e. world peace, vocations to the priesthood and religious life, conversion of sinners, etc.

*A specific Mass time and date can be requested,

*The Mass intention is usually mentioned during the prayers of the faithful, but even if it is not, the Mass if offered for the intention will be posted in the bulletin.

* Each member of the faithful may offer the Mass for his or her own intention. The merits of the Mass are infinite.

*Mass Intention Offerings are **not** tax-deductible items. Donations and Special Mass sponsorships **are**.

POLICY FOR BULLETIN ANNOUNCEMENTS:

Deadline: 11 days prior to the Sunday you'd like your article to be considered for publication.

Format: Typewritten/ Word format e-mail is preferable

Send articles to Butch by e-mail @ jhnaracena@gmail.com

Note: Articles must be approved prior to appearing in the bulletin. We reserve the right to edit articles.

WELCOME TO THE FCMM !

In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us !.

REFLECTIONS

BACK TO BASICS



Salt and light are the two symbols that Jesus sets before us in today's Gospel. He says we are salt and light in the world, but only when we put ourselves to good and useful purposes. In ancient times salt was valuable not only as seasoning, but also to preserve foods and disinfect wounds. Salt signified permanence, loyalty, and commitment. In those days salt came either from evaporated sea water or from the Dead Sea. The crystals were large and grayish in color because of the presence of other minerals. The taste was different from what we are used to, and without additives to keep it stable, the salt could eventually leach out. What is left tastes "flat" and was worthless as a seasoning and useful only for keeping footpaths free of vegetation and occasional snow in winter. That may be why Jesus says it is then "no longer good for anything but to be . . . trampled underfoot" (Matthew 5:13). A light is only useful if it provides illumination for human purposes. Houses in Jesus' time were lit with small oil lamps. Oil was not cheap; therefore, lamps were only lit for what were essential and important activities—the Sabbath meal for example—to be shared by all.

In a time before electricity, even one small oil lamp would have seemed very bright in the darkness, and a reminder of God as the creator of light. The prophet Isaiah in today's first reading gives us a "road map" of how to be light and salt in the world: "Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked . . . and do not turn your back on your own" (Isaiah 58:7). Take care of the human family, and your good deeds, says Jesus, will be like light and cause others to "glorify your heavenly Father" (Matthew 5:16).

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WHAT GETS CHANGED?

A few years ago at a parish in Cleveland, some Catholics were interviewed about going to Mass. One of the questions was: "At Mass, when we pray and sing, when the priest stands at the altar and we pray over the bread and wine, when we come to holy communion, what gets changed?"

One middle-aged man named Sam answered quick as a wink and spoke straight from his heart: "What gets changed? Sam! Sam gets changed."

Now that man, whether he realized it or not, knew the church's theology deep down in his being. He had experience - not just book learning - of the church's theology of the Eucharist. At our baptism, we put on Christ. We died, we renounced, we turned our backs on whole ways of life. If we were baptized as infants, then our parents meant us to enter on such a Catholic life. At baptism, whether as an infant or an adult, the people already baptized took us into a home. And in that home we do the things that Catholics do, we try to live with others the way the gospels and our saints show us. We try to be one of those to whom the Lord will say: "I was hungry and you fed me, thirsty and you gave me a drink, in prison and you visited me."

Baptism got us into this house, this Catholic house. Sunday Eucharist trains us in the life and language and loving deeds of Catholics. It gets us around that table where from the first generation of Christians we've been gathered to give God thanks over bread and wine. Doing that again and again changed Sam. Little by little, it changes us all. The most sacred mystery of the Eucharist is that this bread and wine become for us the body and blood of Christ. The most sacred mystery of the Eucharist is that we, slackers and sinners all, become the body and blood of Christ. So what gets changed? Sam gets changed.

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NEWS AND ANNOUNCEMENTS





Today as we celebrate **World Marriage Day**, we honor husbands and wives as head of the family, the basic unit of society. We salute the beauty of their faithfulness, sacrifice and joy in daily, married life.



Prayer for our Marriage

Heavenly Father, we thank You for your tremendous gift of the Sacrament of Marriage. Enable us to grow in our intimacy with You and with each other. Teach us the beauty of forgiveness so we may become more and more one in heart, mind and body. Strengthen our communication with each other, and help us become living signs of your love. Help us to be examples of commitment, love, and service to our families and children. Make us a sign of the unity which Jesus prays for at the Last Supper. We open ourselves to the guidance of your Holy Spirit, who empowers us to love in Jesus' name and walk in His footsteps. Amen

Sponsored by  



FOR ALL

CELL PHONE ALERT - In order to maintain a prayerful atmosphere, please make sure that all cell phones, pagers, etc. are turned off during Mass. Please remember the sanctity of the Holy Mass when you enter the Church. Thank you!

SILENCE - The 20 minutes preceding the Sunday service, from 11: 10 a.m. onward, is used to recite the Holy Rosary and by many, to quietly prepare their hearts and minds for worship. Therefore, we ask that every effort is made to enter the church quietly and maintain silence while waiting for the service to begin. We will begin to try to enforce this rule on SILENCE. Please don't get offended if your attention is called. Thank you !

CLEANLINESS - Please help us maintain the cleanliness of the Church. Avoid stepping on the kneelers and make sure you leave your pews tidy. Thank you.

MASS INTENTIONS - All Sunday Mass Intentions must be registered with the Ministry of Offerings at

Mass Intentions

least **30 minutes before the Mass**. You may register your Mass intentions ahead of time at the FCMM Office. PLEASE COOPERATE ! Thank you !

R C I A

(RITE OF CHRISTIAN INITIATION OF ADULTS) sessions will be conducted by our DRE, Sr. Celia Piala, op. starting FEBRUARY 16 Anyone interested in completing their sacraments of initiation ~ Baptism, Confirmation or Eucharist ~ is welcome to join us. If you have questions, please come to the FCMM Office or contact Sr. Celia @ mariaceliomagas@yahoo.ca



The **SANCTUARY LAMP** this week is burning for the **GLORY OF GOD** and **FOR THE REPOSE OF THE SOULS OF ALL DEPARTED RELATIVES AND FRIENDS** offered by **TONY & NORMA FOZ**.



YEAR 2013 TAX RECEIPTS are now available for pick-up after each Mass. For inquiries, please call the FCMM Office during regular working hours (514 -3875292)



Jesus challenges us to be "the light of the world." If we want to be real disciples of Christ, "the Light of the world," our consciences have to be clear and transparent; our behavior must have the refulgence of love, honesty, purity, respect, sincerity, . . . Our life then will become bright and meaningful as we become ever-more Christ-like.



May the Light of CHRIST fill our hearts and minds

OTHER ANNOUNCEMENTS AND REFLECTIONS



PRAISES, PRAYERS AND PETITIONS

We join in the *Thanksgiving Intentions* of: MERCY PADUA, ROCKY UNABIA, JUNESSE JOY SERASPE, MR. & MRS. DOMINADOR AMBAYEC, NELSON ALEJANDRO.

Your prayers are humbly requested for all the sick and suffering members of our Mission community and their loved ones especially: FR. FRANCISCO ALVAREZ pme, FR. ROGER BEGIN pme, FR. GERARD LOISELLE, pme, SR. LUZ PADERANGA op, MSGR. ANDRE DESROCHES, ALFREDO PADERANGA SR., ANNIE MOJADO, ELECITA ARACENA, BALDOMERA AMBAYEC, JULIA PERLAS-TAN, JOSEFINA BANGALAN, DAWN DELA PAZ, JOSIE LIMLENGCO, CARMENCITA TRIVINIO, BERNARDINO FERNANDO, ANTONIO FOZ, VICENTE TRIVINIO. May God bring them healing and peace.

Remember also all of our deceased relatives and friends, especially: CLIFFORD VELASCO, VICTORIA PARUNGAO, CLAUDIO SAN JUAN JR., ONOFRE CAMBALIZA, FELIX CAMBALIZA SR., JAIME ACURANTES, LOLITA SANTOS, ALL SOULS IN PURGATORY and those dying everyday in battles and calamities around the world. May their souls and the souls of all the faithful departed rest in peace.

THE HOLY FATHER'S PRAYER INTENTIONS FOR FEBRUARY 2014

Universal: That the Church and society may respect the wisdom and experience of older people.

For Evangelization: That Priests, Religious, and Lay People may work together with generosity for evangelization.



Words of Wisdom: The Paradox of Our Times

There are taller buildings... but shorter tempers; Wider freeways... but narrower viewpoints. We spend more... but have less; We buy more... but enjoy it less. We have bigger houses... and smaller families; More conveniences... but less time. We have more degrees... but less sense; More knowledge... but less judgement; More experts... but more problems; More medicine... but less wellness. We have multiplied our possessions... but reduced our values. We talk too much, love too seldom... and hate too often. We have learned how to make a living... but not a life. We've added years to life... but not life to years. We've been all the way to the moon and back... But we have difficulty crossing the street to meet the neighbors. We've conquered outer space... but not our inner space. We've cleaned the air... but polluted the soul. We have split the atom... but not our prejudice. We have higher incomes... but lower morals. We've become long on quantity... but short on quality. These are the times of tall men... and short character; Of steep profits... and shallow relationships. These are times of world peace... but domestic warfare. These are days of more leisure... but less fun; Of more kinds of food... but less nutrition. These are days of two incomes... but more divorce; Of fancier houses... but broken homes. We can choose to ignore these sad facts of life... Or we can choose to make a difference. Christ has no body on earth but ours, He has no hands but our hands... We have only one life, which soon will pass, And those acts we perform for Christ are the only that will last! We must sacrifice ourselves for souls!

[Author unknown]